

### 3. The Helium Atom & the Periodic table

SS 2024

AQH

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Tennessee /

As non-trivial application of these ideas, we describe how QM can be used to make predictions about Atoms with  $Z > 1$

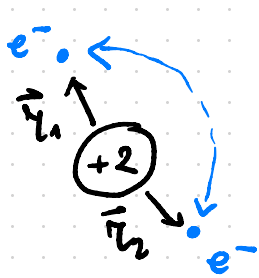
Atoms with more than one electron are much more complicated than Hydrogen. New "physics" due to

- repulsion between electrons
- Pauli exclusion Principle

Both effects can be seen on the simplest example HELIUM ( $Z = 2$ )  $\Rightarrow \sim \frac{1}{4}$  MATTER  
UNIVERSE  
(excluding DM!)

In the exercises you will consider also atoms with  $Z > 2$  [regularities & structure of the PERIODIC TABLE]

# HELIUM



}  $e^-$  & nucleus interact only through EM.

Putting nucleus @ origin, hamiltonian reads

$$\mathcal{H} = \frac{\vec{p}_1^2}{2m} + \frac{\vec{p}_2^2}{2m} - \frac{Ze^2}{4\pi\epsilon_0 r_1} - \frac{Ze^2}{4\pi\epsilon_0 r_2} + \frac{e^2}{4\pi\epsilon_0 |\vec{r}_1 - \vec{r}_2|}$$

We are ignoring many (subleading) effects

- motion of nucleus
- spin-orbit couplings
- effect of electric current generated by one electron on the other one

$\Rightarrow$  only interactions are Coulomb-like

So we write

$$H = H_1 + H_2 + V_{12}$$

First electron                      Second electron                       $e^-e^-$  interaction

Clearly, if  $V_{12} = 0$ , then we could obtain full solution for  $H$  by using solutions for Hydrogen-like Atoms (1 electron, general  $Z$ )

As first attempt, we can try to use **PERTURBATION THEORY** with  $H_1 + H_2 = H_0$  &  $V_{12} = 1 H_1$

From your study of the Hydrogen Atom

$$H_i \phi_{n_i l_i m_i}(\vec{r}_i) = E_{n_i} \phi_{n_i l_i m_i} \quad \underline{i=1,2}$$



$$\phi_{n_i l_i m_i}(\vec{r}_i) = u_{n_i}^{l_i}(r_i) Y_{l_i}^{m_i}(\theta_i, \varphi_i)$$

depends only on

$$r_i = |\vec{r}_i|$$

spherical  
harmonics

So we can write

$$u(\vec{r}_1, \vec{r}_2) = \phi_{n_1 l_1 m_1}(\vec{r}_1) \phi_{n_2 l_2 m_2}(\vec{r}_2) \quad \text{with}$$

$$H_0 u(\vec{r}_1, \vec{r}_2) = E_{n_1 n_2} u(\vec{r}_1, \vec{r}_2) = [E_{n_1} + E_{n_2}] u$$

with  $E_n = -\frac{1}{2} mc^2 (Z\alpha)^2 \frac{1}{n^2}$       Nucleus charge = Z

and  $E_{n_1, n_2} = -\frac{1}{2} mc^2 [Z\alpha]^2 \left( \frac{1}{n_1^2} + \frac{1}{n_2^2} \right)$

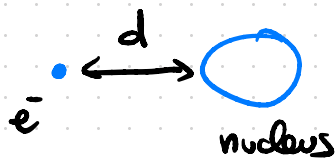
For Ground state  $E_{1,1} = -mc^2 [2\alpha]^2$

$mc^2 = 0.511 \text{ MeV}$

$= 8 E_1^{\text{Hydrogen}} \quad (2 \cdot Z^2 = 8)$

$= -108.8 \text{ eV}$

to see if it makes sense to try perturb theory, we can try to estimate effect of  $V_{12}$



for each electron in ground state of one-el.

atom we can take  $d \sim \frac{a_0}{Z}$

$$a_0 = \frac{\hbar}{m c} \sim 0.53 \text{ \AA} \sim 0.5 \cdot 10^{-10} \text{ m} \quad \text{Bohr RADIUS}$$

the energy is lowest when electrons are as

far away as possible  $D = 2d = 2 \frac{a_0}{Z} \sim f \frac{a_0}{Z}$

with  $f < 2$  !

$$\Delta E \sim \frac{e^2}{4\pi\epsilon_0 D} = \frac{e^2}{4\pi\epsilon_0 a_0} \left( \frac{Z}{f} \right) \sim (27.2 \text{ eV}) \cdot \frac{Z}{f}$$

$\Delta E < 108.8 \text{ eV}$  so pert theory is reasonable !

Even before switching on the perturbation, we notice something interesting

- Ionization Energy  $E_{\text{ioniz}} = 54.6 \text{ eV}$   
(remove one  $e^- \rightarrow r = \infty$ )

In this "state", Atom has  $E_{\text{He}}^{\text{ioniz}} = -54.6 \text{ eV}$

- First excited states give

$$E_1 = -\frac{5}{8} mc(2a)^2 = -68,1 \text{ eV}$$

↑  $n_1=1, n_2=2$  or viceversa

⋮

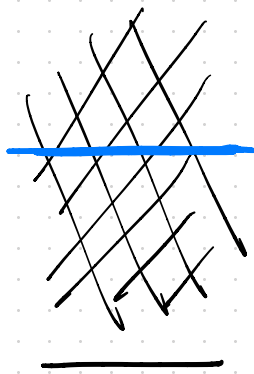
$$E_x = -\frac{1}{4} mc^2 [2a]^2 = -27,2 \text{ eV}$$

↑

→  $n_1=2$   
 $n_2=2$

↑↑

is ABOVE ionization  
energy  $\Rightarrow$  Discrete  
state is Continuum!



$$(2,2) = -27,2 \text{ eV}$$

Continuum  
of states

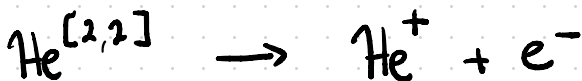
$$E_{\text{ion}} = -54,6 \text{ eV}$$

$$\begin{array}{l} \text{---} (1,4) \quad \vdots \\ \text{---} (1,3) \quad \vdots \end{array}$$

$$\text{---} (1,2) \quad E = -68,1 \text{ eV}$$

$$\text{---} (1,1) \quad E = -108,8 \text{ eV} \quad \text{Ground State}$$

New phenomenon of AUTOIONIZATION



↑  
it can decay into singly ionized Helium!

We'll talk more about how atoms go through these decays later in the course!

Our picture of Helium still very primitive, let's add some more effects

## \* PAULI EXCLUSION PRINCIPLE

two electrons are IDENTICAL FERMIONS, total wave function must be ANTISYMMETRIC

Ground state  
(1, 1)

$$\psi_0(\vec{r}_1, \vec{r}_2) = \underbrace{\phi_{100}(\vec{r}_1) \phi_{100}(\vec{r}_2)}_{\text{symmetric}} \chi_{\text{singl.}}$$

↑  
SINGLET  
Antisymm.

$$\chi_{\text{singl.}} = \frac{1}{\sqrt{2}} [\chi_+^{(1)} \chi_-^{(2)} - \chi_-^{(1)} \chi_+^{(2)}]$$

---

First excited state  
(1, 2) ~ (2, 1) } we can either antisymm  
spin or coordinate part

explicitly  $n=2, \ell=1, m=1, 0, -1$

$$u_1^{\text{singl}} = \left[ \phi_{100}(\vec{r}_1) \phi_{200}(\vec{r}_2) + \phi_{200}(\vec{r}_1) \phi_{100}(\vec{r}_2) \right] \chi_{\text{singl}}$$

$$u_1^{\text{tripl}} = \left[ \phi_{100}(\vec{r}_1) \phi_{200}(\vec{r}_2) - \phi_{200}(\vec{r}_1) \phi_{100}(\vec{r}_2) \right] \chi_{\text{tripl}}$$

$$\chi_{\text{tripl}} = \begin{cases} \chi_+^{(1)} \chi_+^{(2)} \\ \frac{\chi_+^{(1)} \chi_-^{(2)} + \chi_-^{(1)} \chi_+^{(2)}}{\sqrt{2}} \\ \chi_-^{(1)} \chi_-^{(2)} \end{cases} \rightarrow \forall \text{ value of } \{\ell, m\}!$$

4 different states which, in current picture,

are all DEGENERATE IN ENERGY

Still we have ignored important effect,

$V_{12}$  = interaction among two electrons

$\Rightarrow$  let's try to estimate it with pert. th.

# FIRST ORD PERT. THEORY

• Ground State  $E_0^{(1)} = E_0 + \Delta E_0$  ← first ord pert

$$\Delta E_0 = \langle 100; 100 | V_{12} | 100; 100 \rangle$$

$$= \int d^3\vec{r}_1 d^3\vec{r}_2 \psi_0^*(\vec{r}_1, \vec{r}_2) V_{12}(\vec{r}_1, \vec{r}_2) \psi_0(\vec{r}_1, \vec{r}_2)$$

↑  
spin indep

$$= \int d^3\vec{r}_1 d^3\vec{r}_2 |\phi_{100}(\vec{r}_1)|^2 |\phi_{100}(\vec{r}_2)|^2 \frac{e^2}{4\pi\epsilon_0 |\vec{r}_1 - \vec{r}_2|}$$

NOTICE THAT:

charge density for first  $e^-$

$$\Rightarrow \int d^3\vec{r}_1 \frac{e |\phi_{100}(\vec{r}_1)|^2}{|\vec{r}_1 - \vec{r}_2|} = U(\vec{r}_2)$$

potential generated by  
first  $e^-$  @  $\vec{r} = \vec{r}_2$

$$\Delta E_0 = - \frac{1}{4\pi\epsilon_0} \int d^3 r_2 e |\phi_{100}(\vec{r}_2)|^2 U(\vec{r}_2)$$

is electrostatic energy of  $e^-$  number 2 in  $U(r)$

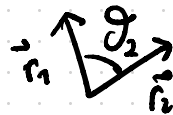
this integral is "standard"

$$\phi_{100}(\vec{r}) = \frac{2}{\sqrt{4\pi}} \left( \frac{Z}{a_0} \right)^{3/2} e^{-\frac{Zr}{a_0}}$$

$$\Delta E_0 = \frac{1}{\pi^2} \left( \frac{Z}{a_0} \right)^6 \frac{e^2}{4\pi\epsilon_0} \int_0^\infty dr_1 r_1^2 e^{-\frac{2Zr_1}{a_0}} \int_0^\infty dr_2 r_2^2 e^{-\frac{2Zr_2}{a_0}}$$

$$\times \int d\Omega_1 d\Omega_2 \frac{1}{|\vec{r}_1 - \vec{r}_2|}$$

$$\int_0^{2\pi} d\varphi_2 \int_{-1}^1 \frac{d\cos\theta_2}{\sqrt{\vec{r}_1^2 + \vec{r}_2^2 - 2r_1r_2\cos\theta_2}}$$



=



$$= \frac{2\pi}{r_1 r_2} \left\{ \underbrace{\sqrt{r_1^2 + r_2^2 + 2r_1 r_2}}_{\sqrt{(r_1 + r_2)^2}} - \underbrace{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2}}_{\sqrt{(r_1 - r_2)^2}} \right\}$$

$$= \frac{2\pi}{r_1 r_2} \left[ r_1 + r_2 - |r_1 - r_2| \right]$$

↑ depends on whether  $r_1 \leq r_2$

and  $\int d\Omega_1 = 4\pi$ , so putting all together

$$\Delta E_0 = \frac{8e^2}{4\pi\epsilon_0} \left( \frac{z}{a_0} \right)^6 \int_0^\infty dr_1 r_1 e^{-\frac{2zr_1}{a_0}} \times$$

$$\times \left\{ 2 \int_0^{r_1} dr_2 r_2^2 e^{-\frac{2zr_2}{a_0}} + 2r_1 \int_{r_1}^\infty dr_2 r_2 e^{-\frac{2zr_2}{a_0}} \right\}$$

$$= \frac{5}{8} \frac{ze^2}{4\pi\epsilon_0 a_0} = \frac{5}{4} z \left[ \frac{1}{2} mc^2 a^2 \right] > 0$$

if  $z = 2$        $\Delta E_{11} = +34 \text{ eV}$

remember that very roughly we had estimated

$$\Delta E_0 \sim (27.2 \text{ eV}) \cdot \frac{Z}{f}$$

some factor  
" $f \leq 2$ "

Indeed this value corresponds to  $f \sim 1.6$

so we get

$$E_0^{(1)} = (-108.8 + 34) \text{ eV} = \underline{-74.8 \text{ eV}}$$

EXPERIMENTALLY one finds  $E_{\text{exp}} = -78.975 \text{ eV}$

first order perturbation theory  
not bad, but makes mistake

$O(5\%)$

NOTE : integrals can be done by parts

$$\int_a^b \frac{d}{dx} [x^n e^{-Ax}] dx = b^n e^{-Ab} - a^n e^{-Aa}$$

||

$$n \int_a^b x^{n-1} e^{-Ax} dx - A \int_a^b x^n e^{-Ax} dx$$

$$\Rightarrow \int_a^b x^n e^{-Ax} dx = \frac{n}{A} \int_a^b x^{n-1} e^{-Ax} dx$$

$$+ \frac{b^n e^{-Ab} - a^n e^{-Aa}}{A}$$

Can be used to reduce them all to  $\int e^{-Ax} dx$

As  $l$  or  $m$  or GRAND STATE goes, PAULI principle and spin play no role. What about excited states?

$$n=2, \quad l=1, 0, 1 \quad \& \quad m=1, 0, -1$$

consider only  $m=0$  since  $V_{12}$  commutes with  $L_z$

which means it cannot change spin along that axis!

to consider generic  $l, m=0$  &  $\begin{cases} \text{SINGLET} \\ \text{TRIPLET} \end{cases}$

$$\Delta E_{\pm}^{(s,t)} = \frac{1}{2} \frac{e^2}{4\pi\epsilon_0} \int d\vec{r}_1 d\vec{r}_2 \frac{\left[ \phi_{100}(\vec{r}_1) \phi_{200}(\vec{r}_2) \pm \phi_{100}(\vec{r}_2) \phi_{200}(\vec{r}_1) \right]^2}{|\vec{r}_1 - \vec{r}_2|}$$

where  $+$   $\Rightarrow$  singlet spin

$-$   $\Rightarrow$  triplet spin

opening the square and using  $V_{12}(r_1 \leftrightarrow r_2)$  symm  
to rename the int variables, we write

$$\Delta E_1^{(s)} = J + K$$

$$\Delta E_1^{(+)} = J - K$$

where

$$J = \frac{e^2}{4\pi\epsilon_0} \int d^3\vec{r}_1 d^3\vec{r}_2 \frac{|\phi_{100}(\vec{r}_1)|^2 |\phi_{2e0}(\vec{r}_2)|^2}{|\vec{r}_1 - \vec{r}_2|}$$

$$K = \frac{e^2}{4\pi\epsilon_0} \int d^3\vec{r}_1 d^3\vec{r}_2 \frac{\phi_{100}^*(\vec{r}_1) \phi_{100}(\vec{r}_2) \phi_{2e0}^*(\vec{r}_1) \phi_{2e0}(\vec{r}_2)}{|\vec{r}_1 - \vec{r}_2|}$$

NOTE  $J > 0$  manifestly

$K > 0$  less obvious for general  $l$   
(see exercises!)

the same can be derived for  $u \sim \phi_{100} \phi_{n0}$   
 $\uparrow$  general  $n$ !

this means  $\Delta E_{n,e}^{(t)} < \Delta E_{n,e}^{(s)}$

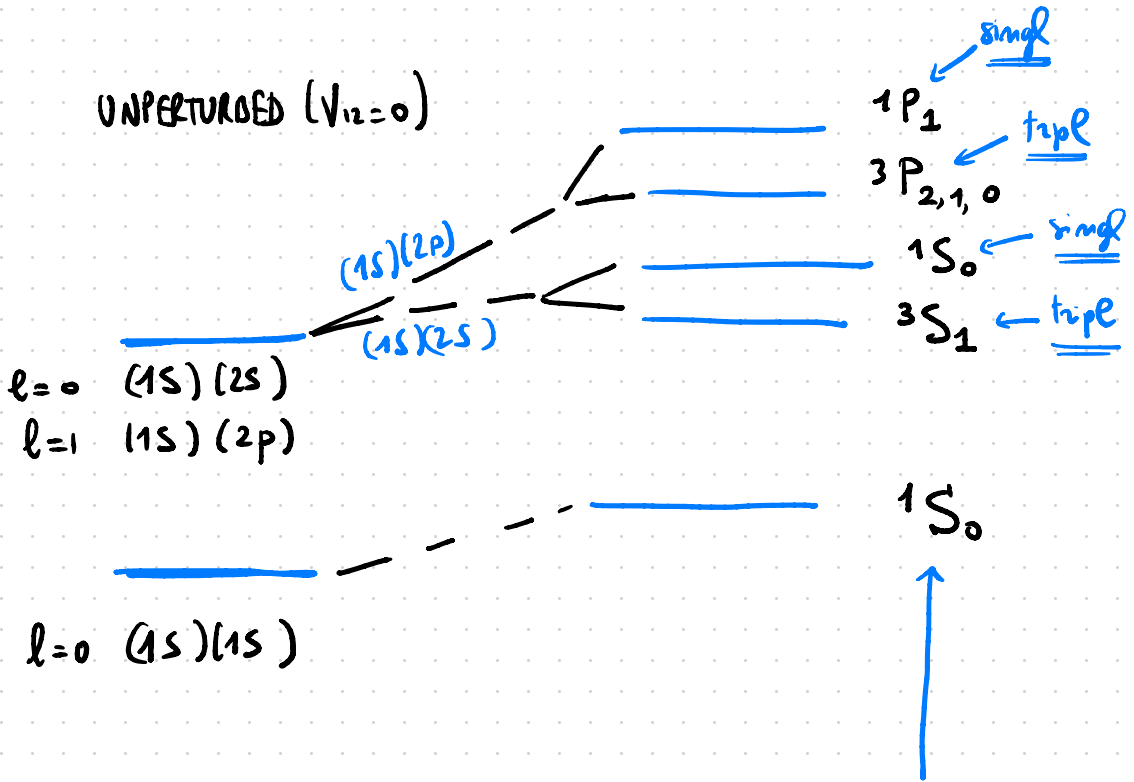
so PAULI PRINCIPLE implies that degeneration of states with different arrangement of spins is lifted

$\Rightarrow$  even if  $V$  is SPIN INDEPENDENT, symmetry requirements on wave function make its effects spin dependent

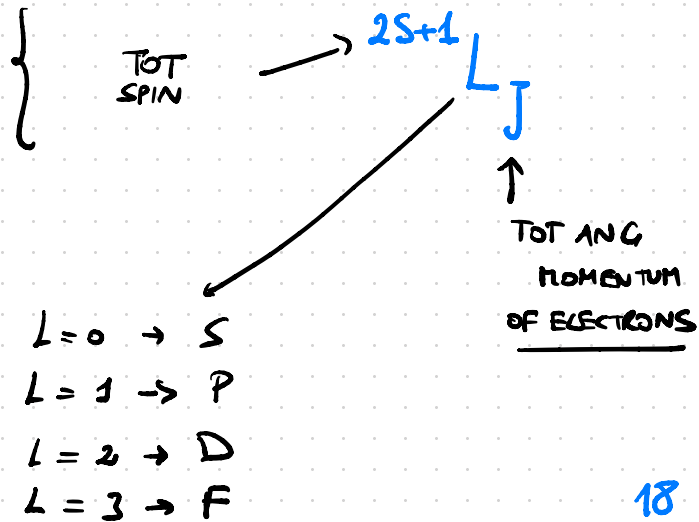
$\Rightarrow$  "EXCHANGE INTERACTION"

through this effect, spin-dependent forces can be generated which are NOT SUPPRESSED compared to electrical interactions [ typically spin  $\sim$  magnetic suppressed  $O((\frac{v}{c})^2) \sim O(\alpha^2)$  ]

so thanks to this effect we predict He spectrum



spectroscopic notation



We can improve on our estimate for energy of ground state of Helium using VARIATIONAL PRINCIPLE

Consider some Hamiltonian  $H$  & a state  $|\psi\rangle$  with  $\langle\psi|\psi\rangle = 1$

$H|k\rangle = E_k|k\rangle$  complete set of eigenstates

then  $|\psi\rangle = \sum_k C_k|k\rangle$

normalization implies  $\sum_k |C_k|^2 = 1$

also we have

$$\langle\psi|H|\psi\rangle = \sum_k |C_k|^2 E_k$$

$$\geq E_0 \sum_k |C_k|^2 = E_0$$

$\uparrow$   
because  $E_k \geq E_0$  ground state



$$\Rightarrow E_0 \leq \langle \psi | H | \psi \rangle !$$

we can use this choosing some  $|\psi\rangle = |\psi(d_1 \dots d_n)\rangle$   
↑  
parameters

computing  $\langle \psi | H | \psi \rangle = \Delta(d_1, \dots, d_n)$

and fully minimizing  $\Delta$  wrt  $d_j$

$\Rightarrow$  if we choose  $|\psi\rangle$  "wisely", this procedure  
 can give very good estimate of ground state  $E_0$

how we apply this to HELIUM?

$$|\psi\rangle = \psi_{100}(\vec{r}_1, Z^*) \psi_{100}(\vec{r}_2, Z^*)$$

this is like  $\phi_{100}(\vec{r})$   
 used before, but with  
 $Z \rightarrow Z^*$ ; we call  
 it  $\psi_{100}$  not to confuse it!

↑ Hydrogenlike  
 but with ARBITRARY  
 $Z^*$

⇒ physical intuition: in using simple perturbation theory, we neglect **SCREENING**

**EFFECT**:  $e^-$  see smaller  $Z^* < Z (=2)$

because part of it is screened by other electron!

so we have

suppress dependence on  $Z^*$

$$\left( \frac{\vec{p}^2}{2m} - \frac{Z^* e^2}{4\pi\epsilon_0 r} \right) \psi_{100}(\vec{r}) = E^* \psi_{100}(\vec{r})$$

$$\langle \psi | H | \psi \rangle = \int d^3\vec{r}_1 d^3\vec{r}_2 \left[ \frac{\vec{p}_1^2}{2m} + \frac{\vec{p}_2^2}{2m} - \frac{Ze^2}{4\pi\epsilon_0} \left( \frac{1}{r_1} + \frac{1}{r_2} \right) + \frac{e^2}{4\pi\epsilon_0 |\vec{r}_1 - \vec{r}_2|} \right] |\psi_{100}(\vec{r}_1)|^2 |\psi_{100}(\vec{r}_2)|^2$$

Hamiltonian evaluated

for correct  $Z$ , not  $Z^*$ !

$$\langle \psi | H | \psi \rangle = 2 \int d^3 \vec{r}_1 d^3 \vec{r}_2 |\psi_{100}(\vec{r}_1)|^2 |\psi_{100}(\vec{r}_2)|^2 \times$$

Using  
 $r_1 \leftrightarrow r_2$   
 symmetry

$$\times \left[ \underbrace{\frac{p_1^2}{2m} - \frac{Z^* e^2}{4\pi \epsilon_0 r_1}}_{\text{standard Coulomb problem}} - \frac{e^2 (Z - Z^*)}{4\pi \epsilon_0 r_1} \right]$$

↑  
 extra  $\frac{1}{r}$  term

$$+ \int d^3 \vec{r}_1 d^3 \vec{r}_2 |\psi_{100}(\vec{r}_1)|^2 |\psi_{100}(\vec{r}_2)|^2 \times \left[ \frac{e^2}{4\pi \epsilon_0 |\vec{r}_1 - \vec{r}_2|} \right]$$

computed  
 before  
 $\Delta E_0$

↓ with  $Z^*$

$$= \underbrace{2 E^*}_{//} - 2 \frac{e^2 (Z - Z^*)}{4\pi \epsilon_0} \underbrace{\langle 100 | \frac{1}{r} | 100 \rangle}_{\frac{Z^*}{a_0}} + \frac{5}{8} \frac{Z^* e^2}{4\pi \epsilon_0 a_0}$$

$-\frac{1}{2} m c^2 (Z^* a)^2 \times 2$

$\frac{5}{4} Z^* \left( \frac{1}{2} m c^2 a^2 \right)$

$$= -\frac{1}{2} m c^2 a^2 \left[ 2 Z^{*2} + 4 Z^* (Z - Z^*) - \frac{5}{4} Z^* \right]$$

$$= -\frac{1}{2} mc^2 \alpha^2 \left[ -2Z^{*2} + 4ZZ^* - \frac{5}{4} Z^* \right] = F(Z^*)$$

$$\frac{\partial}{\partial Z^*} F(Z^*) = 0 \Rightarrow Z^* = Z - \frac{5}{16}$$

$$\frac{\partial^2}{\partial Z^{*2}} F(Z^*) = 2\alpha^2 mc^2 > 0 \quad \text{minim mom!}$$

$$E_0 \leq -\frac{1}{2} mc^2 \alpha^2 \left[ 2 \left( Z - \frac{5}{16} \right)^2 \right] = -77.4 \text{ eV}$$

$\uparrow$  VERY CLOSE  
to  $E_{\text{exp}}$ !

Remember  $\alpha = \frac{e^2}{4\pi\epsilon_0 \hbar c} = \frac{1}{137}$  fine structure constant

$$a_0 = \frac{1}{2} \frac{\hbar}{mc} = \frac{\hbar c}{2 mc^2}$$

$$\frac{Z^* e^2}{4\pi\epsilon_0 a_0} = Z^* \alpha \cancel{\hbar c} \frac{Z^* \cancel{\hbar c}}{\hbar c} mc^2$$

$$= (Z^* \alpha)^2 mc^2$$